



RULES AND REGULATIONS 2025

DUO

ARTICLE 1 :

The Association Marathon de La Rochelle Serge Vigot organizes on November 30, 2025, a pedestrian race in DUO, the first runner will have to cover 21.7 km and the second 20.5 km.

ARTICLE 2 :

The test is open to licensees (e)s or non-licencié (e)s, born in 2008 or before.

ARTICLE 3 :

The start is set at 9:00, quai Louis Durand, the course will be that of the marathon, and the relay will take place on the forecourt Eric Tabarly, km 21.7. The arrival is located parking St Jean d'Acre. The gathering of the riders takes place at 8:45 at the latest in the last SAS of the start 2, Quai Louis Durand. Attention a penalty of 10min will be applied in case of departure of the runner 1 in a bad SAS. The time limit for the riders to complete the race is 5:30. Beyond this time limit, safety will no longer be assured and participants will be disqualified. A check will be made from the 30th kilometer on the course (time limit of passage to the 30th: 4h).

ARTICLE 4 :

Under Article 5 of the regulation of running events, assistance to athletes in competition, including the use of one or more accompanying persons, is not allowed.

ARTICLE 5 :

Any decisions made by an umpire or official race judge for the regularity of the event may be appealed to the National CSR by complying with the appeal procedure as recommended in article 2.3.4 of the FFA general regulations.

ARTICLE 6 :

Race stewards supported by police forces will be available on the course to ensure the safety of the runners.

ARTICLE 7 :

Children and companions are not allowed on the finish line.

ARTICLE 8 :

A refreshment station will be set up every 5 km and a refreshment station at the relay and on arrival.

ARTICLE 9 :

The amount of the registration is fixed (for 2 runners) at 64 euros (timing and water bottle 50cl included).

ARTICLE 10 :

Any athlete who is not licensed to the F.F.A. (licenses authorized by the FFA) must provide a health prevention pathway (PPS), less than 3 months old on the date of the race, on the website pps.athle.fr. It is expressly recalled that the runners participate in the competition under their own responsibility.

ARTICLE 11 :

It is appropriate for each of the runners to ensure that their commitment to the DUO race is recorded correctly by consulting the list of entries on the Marathon website.

ARTICLE 12 :

The withdrawal of bibs can only be done on presentation of the good withdrawal bib (to download mid-November on our website) and an original identity document or photocopy. No bibs will be sent by mail or delivered on Sunday morning. The Marathon village is open on Friday afternoon 28 November from 15:00 to 20:00 and on Saturday 29 November from 09:00 to 20:30.

ARTICLE 13 :

For a smooth running of the event, the number of DUO is limited to 1000. Registration will be closed without notice upon registration of the 1000th DUO.

ARTICLE 14 :

Each arrival (2nd rider), will be given in double copy (for the 1st and 2nd rider), an official technical t-shirt and a medal. There is no performance bonus.

ARTICLE 15 :

The DUO awards ceremony will take place at 3:00 pm on Sunday, November 30, 2025, in the auditorium of the Espace Encan. The ranking will be done in real time (timing from the start line). The first 3 men's DUOS and the first 3 women's duos of the scratch classification will be called to climb on the podium as well as the first 3 mixed duos.

ARTICLE 16 :

The bib to be fixed in front is individual and nominative.

It can be assigned to a third party (only once) of his choice, at the latest 1 month before the race. The organization must validate the change of participant to update the runner record. Any person returning his bib to a third party outside this period and/ or without warning the organization will be held responsible in case of accident occurred or caused by the latter during the event.

The Duo bib is non-reassignable on the Marathon, 10 km or Challenge Entreprises event, and this as soon as the entry is received.

ARTICLE 17 :

In case of force majeure, natural disaster, prefectural decree, request of the administrative authority or any other reason beyond the control of the organizers or any other circumstance likely to endanger the safety of competitors, the organizers reserve the right to cancel the events, or to terminate them at any time, without the competitors being able to claim any refund or compensation.

ARTICLE 18 :

As part of the "Marathon Éco-Responsable" label, the organizers are very committed to respecting the environment by all participants of the events they organize. They remind that runners must respect the environment and in particular the spaces crossed by the races.

It is strictly forbidden to abandon waste (paper, packaging, cups...) on the course. Bins are available at each feeding station and "collection areas" are set up and marked at different points along the route. They must be used by competitors who must keep their waste in packaging until it can be disposed of in the places provided for this purpose.

The race direction reserves the right to award time penalties (5 or 10 minutes) or to put out of race the competitors voluntarily throwing their waste outside the delimited areas.

ARTICLE 19 :

The organization disclaims any responsibility in case of theft or loss of personal effects that would occur during the weekend of the event.

ARTICLE 20 :

Image right. "I expressly authorize the organizers of the event and their successors such as partners and media to use or keep the still or audiovisual images on which I may appear, taken during my participation in the DUO event, on all media, including promotional and/or advertising materials, worldwide and for the longest period provided by law, regulations, treaties in force, including for any extensions that may be made to that period.", in accordance with the Data Protection Act of 6 January 1978.

ARTICLE 21 :

The personal data collected on the registration form are necessary for the organisation of the race. They may be stored or processed electronically in the context of prospecting or sending information. (e.g. newsletters).

Participants agree to receive various promotional materials, such as goodies, flyers, and samples, from the organization and its partners. These items may be distributed during the event, whether before, during, or after the race. These distributions are intended to promote the race partners and offer additional benefits to participants.

ARTICLE 22 :

Any competitor acknowledges having read these rules and accepting all the clauses thereof. We remind you that beyond the provision of a valid license or a PPS, it is up to any person to ensure that they are able to participate in the race for which they registered.

ARTICLE 23 : Modification du règlement

The organisers reserve the right to change these rules at any time if they are required to do so for safety reasons or if they are required to do so by the competent authorities.

In case of publication of a new version of the regulation, the amendments come into force as soon as they are put online on the Marathon de La Rochelle website; they are taxable to the competitors from this moment.

It is recommended that competitors periodically check the accuracy and relevance of the information they have on the race in which they are registered.

Under no circumstances can the organizers be held responsible for any damage, of any kind, resulting from the interpretation or use of information that is not current.